

**SAMPLE OF SECTIONS FROM EBOOK**

**MODULE 1 COURSE**

**MOTORCYCLE**  
RIDERS HUB



*Sample Pack*

**KEEP IT ON THE BLACK STUFF**

[MotorcycleRidersHub.co.uk](http://MotorcycleRidersHub.co.uk)

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The information contained in this ebook is accurate at the time of publication.

This ebook is intended to be used alongside the corresponding Motorcycle Riders Hub Academy and professional motorcycle training.

Use this document as a guide and learning platform to help enhance skills and knowledge. Use of this ebook is subject to Motorcycle Riders Hub terms and conditions.



# ABOUT SIMON HAYES

A full time instructor since 1991, Simon Hayes is a highly experienced motorcycle instructor and well known within the industry. Simon's first six years as an instructor were spent teaching military personnel, where he had a 100% success rate and earned a reputation for high level training.

Since 1996 Simon has operated a respected multisite motorcycle training business covering Birmingham and the Midlands. Over thirty years of dedication to the highest possible standards of motorcycle training has forged a reputation for excellence. Simon has seen many changes and challenges affecting the industry, his own training school has continued to thrive and develop.

Over these decades Simon has covered over a million miles and personally delivered novice to advanced training to many thousands of bikers. Simon is also sought after UK wide as an accomplished instructor trainer and has introduced countless new motorcycle instructors to the sector. In addition, Simon maintains a busy diary of European Tours covering advanced riding on the continent, off road training, track day training, local club and charity rides.

Some years ago, Simon began to improve his students motorcycle training experience through complimentary video based training.

Through pre-course learning students are able to visualise motorcycle skills training and find that their practical training is greatly enhanced.

Over a ten year period, these video training resources were refined, resulting in a first edition being formally published and more widely available.



## ABOUT SIMON HAYES CONTINUED...

From starting video training on a DVD, the delivery has been changed and nurtured into Motorcycle Riders Hub, the UK's first 100% video based motorcycle training resource. As the founder of Motorcycle Riders Hub, Simon's vision is to enhance rider training and safety across the UK, empowering both new and experienced riders to continually improve their skills.

Simon believes that the Motorcycle Riders Hub resources should not be used in isolation and must not be viewed as a substitute for professional motorcycle training. To get the best out of the training resource, riders should use the video training and practical training in conjunction to elevate their learning experience. Practical training alone does not give learner riders all the tools they need.

Motorcycle Riders Hub is supported by a number of full time trainers and other professional motorcyclists, as well as an Advisory Panel, they are all committed to road safety and the values of 'Keep it on the black stuff'.

As Motorcycle Riders Hub continues to develop, its aim is to give riders a useful dedicated elearning platform. Simon's ambition is to reach as many new riders as possible countrywide to help and guide them to become better riders, his commitment to motorcycle training continues with an ongoing full schedule of practical courses.

Motorcycle Riders Hub  
Keep it on the black stuff



# ABOUT MOTORCYCLE RIDERS HUB

Over the decades there has been significant changes made to motorcycle training. The latest development in rider training saw the introduction and implementation of CBT, Module 1 and Module 2 motorcycle tests. The result has been a substantial uplift in learner riders skills and ability.

Our vision is to help learner riders at all levels to improve their knowledge, ability and skills by using an online elearning platform to raise personal riding standards.

Motorcycle Riders Hub is the UK's only 100% online motorcycle video training resource helping learner riders through their Compulsory Basic Training (CBT), Direct Access, Module 1 and Module 2 motorcycle tests.

The online program of dedicated guidance and learning resources will help all riders to develop and enhance their skills, ensuring they are better and safer riders and can keep it on the black stuff.



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### Note

The Module 1 motorcycle test has a left and right hand circuit. During the Module 1 test candidates will only complete the test in one direction.

The training notes only show and reference the left hand circuit. The right hand circuit is exactly the same in the opposite direction

**Sample sections highlighted.  
From the Module 1 ebook.**

## COURSE EXPLAINED

The Motorcycle Riders Hub Module 1 Course does not substitute professional motorcycle training. It has been structured to enhance the skills and knowledge gained through Module 1 training when delivered by qualified motorcycle instructors.

For candidates embarking on Module 1 training for the first time, there is a lot to take in. This is especially true for those with limited riding experience. Motorcycle Riders Hub does not recommend a DIY approach to Module 1 motorcycle training.

The Module 1 Course has been put together by a team of highly experienced, skilled and qualified motorcycle instructors. It has been further enhanced through candidate feedback and endorsed by independent professional motorcyclists.

### Content includes:

- ▶ Instructional training videos
- ▶ Complete Module 1 mock tests
- ▶ Podcasts for each training exercise
- ▶ eBooks showing exercise diagrams
- ▶ Progress check tests
- ▶ Instructor tips

The aim of the Module 1 Course is to make the test easier which creates more confident and safer riders. The course enhances a candidate's Module 1 training experience through pre-learning and the opportunity to experience, visualise and internalise the actual Module 1 Course.

Candidates can watch the Module 1 videos as many times as they like. Plus listen to podcasts, read the eBooks and complete the progress tests. The outcome is a better prepared, less stressed experience.

Candidates who know what is coming will have a better mind set and will be better prepared as they go through each exercise during the practical test. Having an understanding of how to safely navigate the slow control and speed exercises prepares for success and is a step closer to a full licence.



# ENTERING THE TEST CENTRE

The Module 1 test begins as soon as the candidate is handed over to the examiner. This is when the test assessments start.

At all times act as if on a public road, ensuring that road safety observations are constantly being carried out. Listen carefully to the examiner and always ask for clarification if needed.

The candidate will be invited to enter the Motorcycle Manoeuvring Area and to stop just inside the gates. Listen carefully, take your time and do not rush.

## To enter the Motorcycle Manoeuvring Area:

- ▶ Sit on the bike
- ▶ Start the bike and select 1st gear
- ▶ Carry out rear observations and if safe, ride into the test centre
- ▶ Stop where indicated and select neutral
- ▶ Await further instructions from the examiner

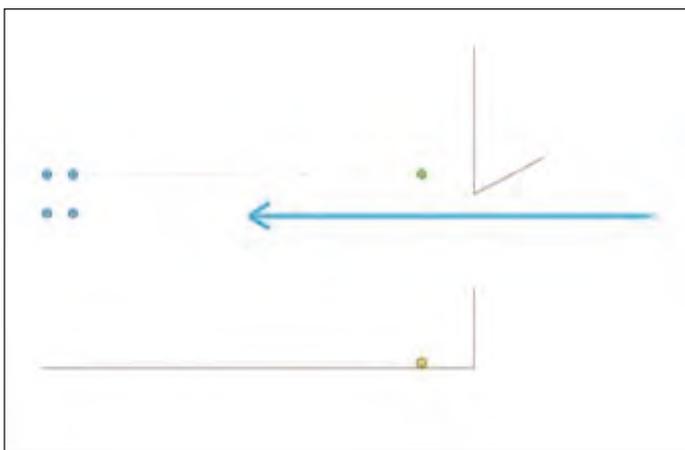


Diagram: Entering Motorcycle Manoeuvring Area



## U-TURN

This slow control exercise requires good balance and effective use of the throttle, clutch and rear brake.

Starting from near the four blue cones, the rider must turn the bike around as if on a public road i.e. with due care, without hitting the white lines (simulating the kerb) and without putting a foot down on the floor.

The U-turn must remain within the white lines, with the bike coming to a stop, adjacent to where the exercise started, facing in the opposite direction. The key is to keep the head up, look in the direction of travel and not to look down.

### To complete the U-turn:

- ▶ Select 1st gear and carry out rear observations
- ▶ Right shoulder check last (as if on the public road)
- ▶ Look forward and ride parallel to the white line
- ▶ Midway along line, carry out a right hand life saver
- ▶ Ensure the bike is near the white line prior to turning
- ▶ At centre of turn, look to the right and down the line
- ▶ Stop at the end of the white line
- ▶ Select neutral and await further instructions

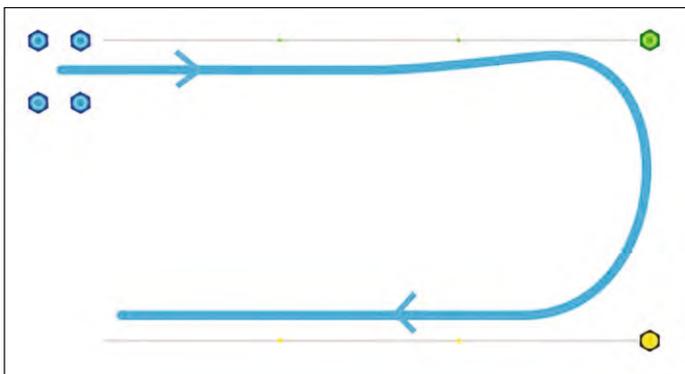


Diagram: U-turn (left circuit)

### Instructor Tip

“Make sure the front wheel is near the white line before starting the turn.”

